## WEEK PROGRAM (28.06. - 03.07. 2025) KRAKEN

<b>SATURDAY 14:45</b> 15:15 – 16:15 <b>17:00 – 18:00</b> 15:30 <b>18:15</b> 19:00 21:30	MEETING IN LOCKER ROOM practice, playground, dry - lend ICE PRACTICE VIP room: meeting with patents, all information END OF THE DAY dinner for accommodates kids Lights-out	
SUNDAY		
7:00	Wake up call	
7:15	Breakfest	
7:45	MEETING IN LOCKER ROOM	
8:15 – 9:15	ICE PRACTICE	
9:45 – 10:45	practice,playground,dry-lend	
11:15 – 11:45	Lunch	
11:45 – 13:45	Rest period - DVD	
13:15 - 14:15	skills – individual practice	
14:00	MEETING IN THE ROOM	
14:30 – 15:30	ICE PRACTICE	
15:45 – 16:45	dry-lend, steching	
17:15	END OF THE DAY	
18:20	dinner for accommodates kids	
19:30 – 20:45	Stars game – possibility to watch the match for accommodates	
21:30	Lights - out	
MONDAY	*** A	
8:30	Wake up call	
8:50	Breakfest	
9:30	MEETING ON LOCKER ROOM	
9:45 – 10:15	Wake up call Breakfest MEETING ON LOCKER ROOM practice,playground,dry-lend	
10:45 – 11:45	ICE PRACTICE	
12:30 – 13:00	Lunch	
13:15 – 15:00	Rest period - DVD	
13:15 – 14:15	goalkeepers practice	
15:15	MEETING IN LOCKER ROOM	

practice,playground,dry-lend

dinner for accommodates kids

**ICE PRACTICE** 

Rehabilitation

Lights - out

**END OF THE DAY** 

15:30 - 16:30

17:00 - 18:00

18:15 – 19:00

18:15

19:20

21:30

## WEEK PROGRAM (28.06. - 03.07. 2025) KRAKEN

TUESDAY	
7:00	Wake up call
7:15	Breakfest
7:45	MEETING IN LOCKER ROOM
8:15 - 9:15	ICE PRACTICE
9:45 - 10:45	practice,playground,dry-lend
11:15 – 11:45	Lunch
11:45 – 13:45	Rest period - DVD
13:15 – 14:15	skills – individual practice
14:00	MEETING IN LOCKER ROOM
14:30 - 15:30	ICE PRACTICE
15:45 – 16:30	practice,playground,dry-lend
16:45 – 17:30	Rehabilitation
17:45	END OF THE DAY
18:20	dinner for accommodates kids
21:30	Lights - out

### **WEDNESDAY**

8:30

0.00	Walte up oull
8:50	Breakfest
9:30	MEETING IN LOCKER ROOM
9:45 - 10:15	practice,playground,dry-lend
10:45 - 11:45	ICE PRACTICE
12:30 – 13:00	Lunch
13:15 – 15:00	Rest period - DVD
13:15 - 14:15	goalkeeppers practice
15:15	MEETING IN LOCKER ROOM
15:30 - 16:30	practice,playground,dry-lend
17:00 - 18:00	ICE PRACTICE
18:15	END OF THE DAY
19:15	Dinner for accommodates kids
21:30	Lights-out

Wake up call

#### **THURSDAY**

40.45 44		SE DD A OTIOE
10:00	N	IEETING IN LOCKER ROOM
8:45	В	reakfst
8:15	V	Vake up call

10:45 – 11:45 ICE PRACTICE 12:15 END OF THE WEEK

#### Camp schedule subject to change.

Children can look forward to meeting professional players from NHL, Europen leagues and the Czech national team.

# THANK YOU ALL FOR THIS WEEK AND WE WISH YOU A NICE REST OF THE HOLIDAYS!

