

WEEK PROGRAM (28.06. - 03.07. 2025)

KRAKEN

SATURDAY

14:45	MEETING IN LOCKER ROOM
15:15 – 16:15	practice, playground, dry - lend
17:00 – 18:00	ICE PRACTICE
15:30	VIP room: meeting with patents, all information
18:15	END OF THE DAY
19:00	dinner for accommodates kids
21:30	Lights-out

SUNDAY

7:00	Wake up call
7:15	Breakfest
7:45	MEETING IN LOCKER ROOM
8:15 – 9:15	ICE PRACTICE
9:45 – 10:45	practice, playground, dry-lend
11:15 – 11:45	Lunch
11:45 – 13:45	Rest period - DVD
13:15 – 14:15	skills – individual practice
14:00	MEETING IN THE ROOM
14:30 – 15:30	ICE PRACTICE
15:45 – 16:45	dry-lend, steching
17:15	END OF THE DAY
18:20	dinner for accommodates kids
19:30 – 20:45	Stars game – possibility to watch the match for accommodates
21:30	Lights - out

MONDAY

8:30	Wake up call
8:50	Breakfest
9:30	MEETING ON LOCKER ROOM
9:45 – 10:15	practice, playground, dry-lend
10:45 – 11:45	ICE PRACTICE
12:30 – 13:00	Lunch
13:15 – 15:00	Rest period - DVD
13:15 – 14:15	goalkeepers practice
15:15	MEETING IN LOCKER ROOM
15:30 – 16:30	practice, playground, dry-lend
17:00 – 18:00	ICE PRACTICE
18:15	END OF THE DAY
19:00	dinner for accommodates kids
21:30	Lights - out

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KRAKEN

TUESDAY

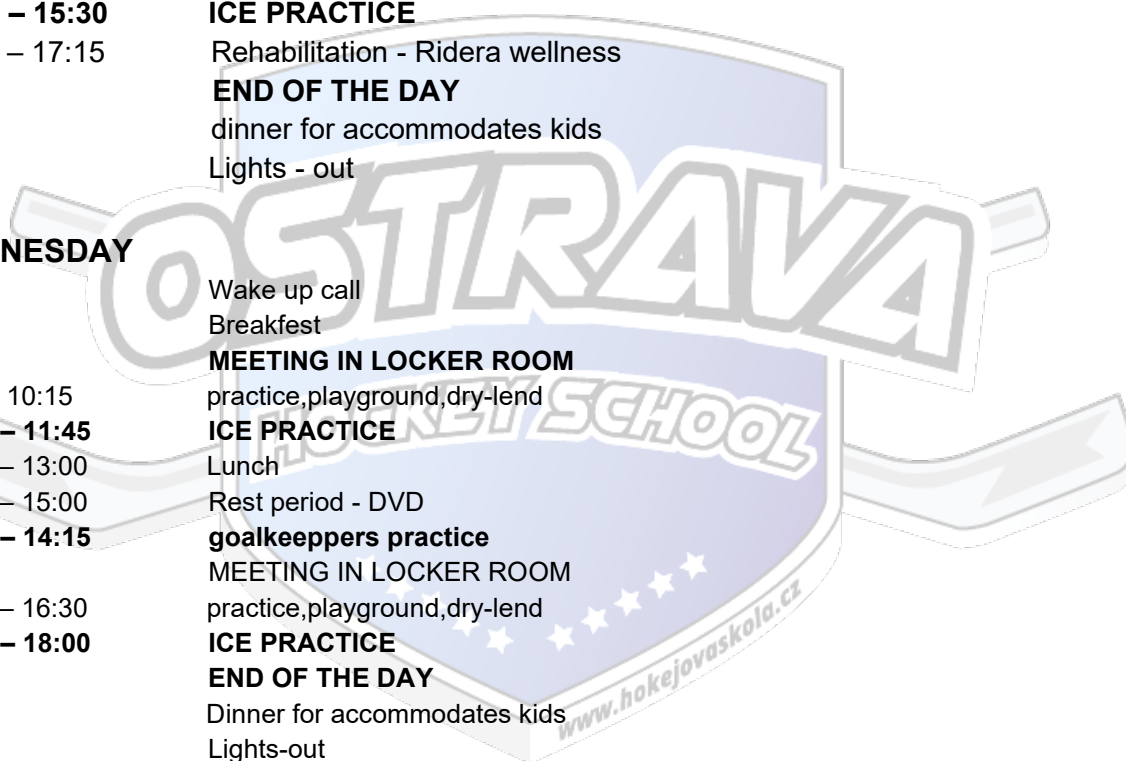
7:00	Wake up call
7:15	Breakfest
7:45	MEETING IN LOCKER ROOM
8:15 – 9:15	ICE PRACTICE
9:45 – 10:45	practice,playground,dry-lend
11:15 – 11:45	Lunch
11:45 – 13:45	Rest period - DVD
13:15 – 14:15	skills – individual practice
14:00	MEETING IN LOCKER ROOM
14:30 – 15:30	ICE PRACTICE
16:15 – 17:15	Rehabilitation - Ridera wellness
17:45	END OF THE DAY
18:20	dinner for accomodates kids
21:30	Lights - out

WEDNESDAY

8:30	Wake up call
8:50	Breakfest
9:30	MEETING IN LOCKER ROOM
9:45 – 10:15	practice,playground,dry-lend
10:45 – 11:45	ICE PRACTICE
12:30 – 13:00	Lunch
13:15 – 15:00	Rest period - DVD
13:15 – 14:15	goalkeppers practice
15:15	MEETING IN LOCKER ROOM
15:30 – 16:30	practice,playground,dry-lend
17:00 – 18:00	ICE PRACTICE
18:15	END OF THE DAY
19:15	Dinner for accomodates kids
21:30	Lights-out

THURSDAY

8:15	Wake up call
8:45	Breakfst
10:00	MEETING IN LOCKER ROOM
10:45 – 11:45	ICE PRACTICE
12:15	END OF THE WEEK



Camp schedule subject to change.

Children can look forward to meeting professional players from NHL, European leagues and the Czech national team.

**THANK YOU ALL FOR THIS WEEK AND WE WISH YOU A
NICE REST OF THE HOLIDAYS!**

Follow our social media.

You can rate us on our website.

www.hokejovaskola.cz

