

WEEK PROGRAM (30.06. – 5.07.2026)

DUCKS

TUESDAY

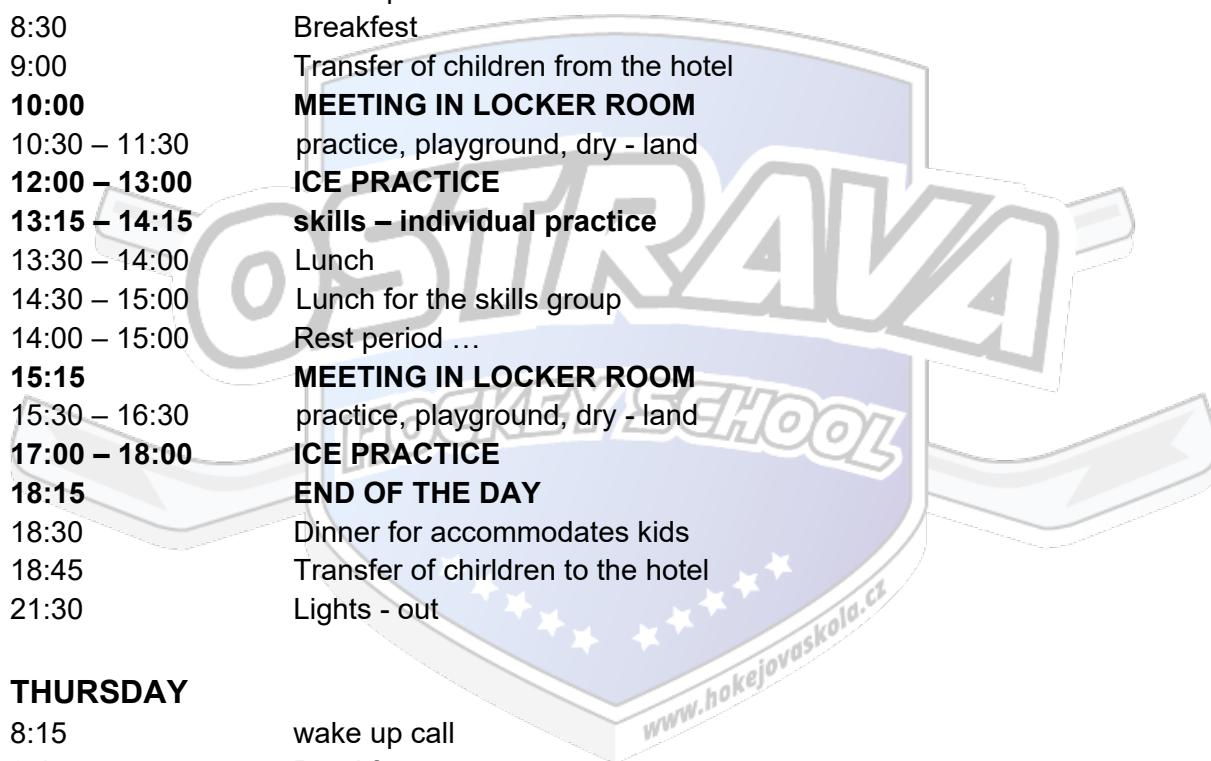
14:45	MEETING IN LOCKER ROOM
15:45 – 16:45	ICE PRACTICE
17:00	VIP room: meeting with parents, all information
17:00 – 17:45	practice, playground, dry - land
18:00	END OF THE DAY
18:15	diner for accommodates kids
18:45	Transfer of children to the hotel
21:30	Lights - out

WEDNESDAY

8:00	wake up call
8:30	Breakfest
9:00	Transfer of children from the hotel
10:00	MEETING IN LOCKER ROOM
10:30 – 11:30	practice, playground, dry - land
12:00 – 13:00	ICE PRACTICE
13:15 – 14:15	skills – individual practice
13:30 – 14:00	Lunch
14:30 – 15:00	Lunch for the skills group
14:00 – 15:00	Rest period ...
15:15	MEETING IN LOCKER ROOM
15:30 – 16:30	practice, playground, dry - land
17:00 – 18:00	ICE PRACTICE
18:15	END OF THE DAY
18:30	Dinner for accommodates kids
18:45	Transfer of children to the hotel
21:30	Lights - out

THURSDAY

8:15	wake up call
8:45	Breakfest
9:15	Transfer of children from hotel
10:15	MEETING IN LOCKER ROOM
10:45 – 11:45	ICE PRACTICE
12:00	cleaning the locker room
12:15 – 12:45	Lunch
12:45 – 14:00	Rest period ...
13:15 – 14:15	goalkeepers practice
14:15	MEETING IN LOCKER ROOM
14:30 – 15:15	practice, playground, dry - land
15:45 – 16:45	ICE PRACTICE
17:15 – 18:15	rehabilitation - wellnes
18:30	END OF THE DAY
18:30	McDonalds for accommodates kids
19:00	Transfer of children to the hotel
21:30	Lights - out



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FRIDAY

In case beautiful weather – sports morning , summer swimming (minigolf, brach voleyball, football, table tennis, badminton tec.) If the weather is not suitable the swimming pool will not go!

If you go to the swimming pool:

6:30	wake up call
7:00	Breakfest
7:15	transfer of children from the hotel
8:00	MEETING IN LOCKER ROOM
8:10	going to the swimming pool
12:15 – 12:45	Lunch for the skills group
13:15 - 13:45	Lunch
13:45 – 15:00	Rest period ...
13:15 – 14:15	skills – individual practice
15:15	MEETING IN LOCKER ROOM
15:30 – 16:30	practice, playground, dry - land
17:00 – 18:00	ICE PRACTICE
18:15 – 19:30	Stars game – possibility to watch the match for accommodated
18:15	END OF THE DAY
18:15	Dinner for accomodates kids
19:30	Transfer of children to the hotel
21:30	Lights - out

If you don't go to the swimming pool:

8:15	wake up call
8:45	Breakfest
9:15	transfer of children from the hotel
10:15	MEETING IN LOCKER ROOM
10:30 – 11:30	practice, playground, dry - land
12:00 – 13:00	ICE PRACTICE
13:15 – 14:15	skills – individual practice
13:30 – 14:00	Luch
14:30 – 15:00	Lunch for the skills group
14:00 – 15:00	Rest period ..
15:15	MEETING IN LOCKER ROOM
15:30 – 16:30	practice, playground, dry - land
17:00 – 18:00	ICE PRACTICE
18:15 – 19:30	Stars game – possibility to watch the match for accommodated
18:15	END OF THE DAY
18:15 – 19:15	rehabilitation – wellnes for accommodated
19:30	Dinner for accomodates kids
20:00	Transfer of children to the hotel
21:30	Lights - out

SATURDAY

7:15 wake up call
7:30 Breakfast
8:00 Transfer of children from hotel
9:00 MEETING IN LOCKER ROOM
9:30 – 10:30 ICE PRACTICE
10:45 – 11:45 practice, playground, dry - land
12:15 – 12:45 Lunch
12:45 – 13:45 Rest period ...
13:15 – 14:15 goalkeepers practice
14:00 MEETING IN LOCKER ROOM
14:30 – 15:30 ICE PRACTICE
16:00 – 17:00 practice, playground, dry - land
17:30 END OF THE DAY
17:45 Dinner for accommodates kids
18:15 Transfer of children to the hotel
19:15 room inspection, packing suitcases
21:30 Lights - out

SUNDAY

7:00 wake up call
7:30 room cleaning
7:45 Breakfast
8:10 Transfer of children from hotel
9:00 MEETING IN LOCKER ROOM
9:30 – 10:30 ICE PRACTICE
10:35 announcement of results
10:45 END OF THE WEEK

Children can look forward to meeting professional players from NHL, European leagues and the Czech national team.

THANK YOU ALL FOR THIS WEEK AND WE WISH YOU A NICE REST OF THE HOLIDAYS!

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www.hokejovaskola.cz